Musculoskeletal Ultrasound and Regenerative Medicine

Wednesday, February 17 — Day 1

Presentations and Live Model Scanning
7 am– 5 pm

7:00- 7:30 - Wednesday - Registration & Continental Breakfast

7:30-9:15 – Regenerative Medicine and Orthobiologics
History, Science behind Platelet Rich Plasma, basic technology and studies. Patient candidates, obtaining PRP, injecting, results (what to expect), post op instructions and care and post op issues.

Stephan Esser, M.D.

9:15-10:30 – Ultrasound Procedural Interventions of the Upper Extremity
AC joint, bicep tendon (peri), glenohumeral Joint (any approach), subdeltoid bursa, elbow joint, medial or lateral epicondylitis tendon sheath injection/fenestration, first MCP joint (hand).

Mark Friedrich Hurdle, MD

10:30-10:45 – Morning Break- Meet with our sponsors

10:45-11:45 – Ultrasound Procedural Interventions of the Lower Extremity

Matthew Pingree, MD

11:45-1:00pm – Lunch (on your own- please return by 1:00 for hands-on rotations)

1:00-5:00 – Attendees rotate through hands-on stations

5:00 – Day 1 Concludes

Thursday, February 18—Day 2

Cadaver Workshop
7 am– 5:15 pm

7:00-7:30 – Register & Continental Breakfast

7:30-7:45 – Changing into PPE for Lab

7:45-11:30 – Cadaver stations- attendees rotate through stations

11:30-1:00 – Lunch
1:15- 5:15 – Live Scanning- attendees rotate through the following stations:
   • Shoulder
   • Elbow and Wrist
   • Hip
   • Knee & Ankle
   • Regenerative Medicine – ALL Stations

4:45-5:15 – Open Laboratory and Regenerative Medicine Demonstration
   All faculty Regenerative medicine stations

5:15 – Course Concludes