AAPM E-NEWS

Save the date for next year's Annual Meeting in Phoenix, AZ
March 6-9, 2014 (Thursday-Sunday)
Preconference sessions begin March 5, 2014
Phoenix Convention Center

AAPM Coding for Pain Webinar

Don’t miss the next Coding for Pain Webinar from the experts at AAPM.
Topic: ICD 10 Countdown—Getting Your Practice Ready
Date: May 15, 2013
1:00 - 2:30 PM, ET
To register and for more information...

AAPM's Education Receives ACCME’s Accreditation with Commendation

Patient Education Resources

AAPM’s website is host to patient education videos that include 21 topics that you can share and promote with your patients. Link to the AAPM website in your waiting/patient rooms or send the links to the videos in your regular patient communications. View videos...

Donate Now to Better Pain Care

LATEST NEWS from the American Academy of Pain Medicine

Annual Meeting
Ethics
Pain Research in the News
Pain News
AAPM Foundation News
DEA National Take-Back Initiative
Practice Management & Coding Updates
Pain Treatments/Trials in the News
FDA News, Warnings & Recalls
AAPM Members in the News
AAPM Member Honors and Distinctions
Pain Abstracts in the News
PubMed Pain Abstracts
NIH Clinical Studies & Trials

Annual Meeting

The American Academy of Pain Medicine’s 29th Annual Meeting was held in Fort Lauderdale, Florida, April 10-14, 2013, where scientists and physicians convened to learn the latest in Pain Medicine. With an estimated 1,500 in attendance, there were 129 scientific poster abstracts on display, as well as practical and plenary sessions on the science and practice of Pain Medicine. The news articles below represent some of the topics, studies, and abstracts presented throughout the meeting. More news stories that resulted from the meeting are posted in the newsroom on AAPM’s website: www.painmed.org/press.

HCPLive Meeting Coverage:

- Advances in the Management of Complex Regional Pain Syndrome
  April 19, 2013 [Source: HCPLive]
- Overcoming the Challenges to Effective Cancer Pain Management
  April 15, 2013 [Source: HCPLive]
- Underlying Personality Disorders Can Complicate Chronic Pain Management
  April 15, 2013 [Source: HCPLive]
- Advances in Treatment Options for Chronic Pain
  April 14, 2013 [Source: HCPLive]
- Managing Comorbid Conditions Associated with Chronic Pain
  April 14, 2013 [Source: HCPLive]
- Researchers Provide Insight into the Effects of Using Opioids to Treat Chronic Pain
  April 13, 2013 [Source: HCPLive]
- Researchers Highlight Studies on Pain Care for Wounded Veterans, Novel Treatments for Back Pain, and Neural Processes of Pain Modulation
  April 12, 2013 [Source: HCPLive]
Designate AAPM on Your AMA Membership Ballot

If you are an AMA member, you should be receiving your Specialty Representation Ballot in the mail shortly. Please take a moment and complete your Ballot, either with the self-addressed postcard or on the Internet at: www.ama-assn.org/go/ballot. Be sure to designate AAPM as your Specialty Society. It is very important that we have sufficient AAPM votes for continued representation in the House of Delegates. Thank you.

AAPM Online Medical Education Now Available

- The Challenges of Transitioning Pain Medication from Clinical Trials to Practice
  April 12, 2013 [Source: HCPLive]
- Biologics Have Long Road Ahead to Reach FDA Approval in Pain Management
  April 12, 2013 [Source: HCPLive]
- Pain Medicine Slowly Making Progress in Value-Based Care System
  April 11, 2013 [Source: HCPLive]

Medical News Today Meeting Coverage:

- The Effects Of Opioids On Patients With Sickle Cell Disease
  April 15, 2013 [Source: Medical News Today]
- Most Comprehensive Study Of Radiofrequency Heat Lesion Size For Pain Management
  April 15, 2013 [Source: Medical News Today]
- The Pros And Cons Of High-Dose Opioids
  April 15, 2013 [Source: Medical News Today]
- Spinal Cord Stimulator Implants For Chronic Pain: New Techniques Reduce Complications
  April 15, 2013 [Source: Medical News Today]
- Some Sufferers Of Low-Back Pain Benefit From Bone-Marrow Grafts
  April 15, 2013 [Source: Medical News Today]
- Microwave Ablation Shows Promise For Relief Of Painful Bone And Soft-Tissue Tumors
  April 15, 2013 [Source: Medical News Today]
- Recruitment And Prescreening For Clinical Pain Trials Enhanced By Web-Based Tools
  April 15, 2013 [Source: Medical News Today]

MedPage Today Meeting Coverage:

- Acute Pain Yields to Lower-Dose Diclofenac
  April 15, 2013 [Source: MedPage Today]
- Hydrocodone Curbs Back Pain All by Itself
  April 15, 2013 [Source: MedPage Today]
- BMI Doesn't Seem to Dull Efficacy of Opioid Patch
  April 14, 2013 [Source: MedPage Today]
- QD Gabapentin Lessens After-Shingles Pain
  April 13, 2013 [Source: MedPage Today]
- Preop Ketamine May Lower Pain in Fibromyalgia
  April 13, 2013 [Source: MedPage Today]

Medscape Today Meeting Coverage:

- Less Pain but Hormonal Effects With Long-Term Opioid Use
  April 17, 2013 [Source: Medscape Today]
- Pain Patients at Cognitive Risk From Anticholinergic Burden?
  April 15, 2013 [Source: Medscape Today]
- Possible New Treatment for Opioid-Induced Hyperalgesia
  April 15, 2013 [Source: Medscape Today]
- Autologous Bone Marrow Grafts Promising for Low Back Pain
  April 15, 2013 [Source: Medscape Today]
- New Research Confirms Spinal Cord Is Key to Chronic Pain
  April 15, 2013 [Source: Medscape Today]
- Effects of Blast Injuries May Last 2 Years
  April 12, 2013 [Source: Medscape Today]
Other Annual Meeting News:

- **Boston Scientific launches novel suturing device to help spinal cord stimulator**  
  April 17, 2013 [Source: Pharmbiz.com]

- **For Returning Veterans With Major Limb Injuries, Pain Improves During First Year But Mental Health Problems Linger**  
  April 15, 2013 [Source: Medical News Today]

- **Chronic daily pain continues to be burden for limb-injured veterans, says pain management expert**  
  April 15, 2013 [Source: News-Medical.Net]

- **Stem Cells to Relieve Low Back Pain?**  
  April 15, 2013 [Source: wowktv.com]

- **Ameritox Study Shows Correlation between Positive Marijuana Tests, Misuse of Prescription Drugs**  
  April 15, 2013 [Source: News-Medical.net]

- **Iroko Pharmaceuticals’ Submicron NSAIDs Demonstrate Efficacy at Lower Doses in Studies in Patients with Acute and Chronic Pain**  
  April 11, 2013 [Source: Iroko Pharmaceuticals, LLC]

Need to add a Pain Physician to your practice?  
Post your ad with AAPM’s Career Center and reach more than the 2,400 members of AAPM. The network reaches beyond 30,000 professionals in healthcare.

Help Wanted:

**Interventional Pain Management Fellowship**  
National Pain Institute  
Winter Park, FL  
Now accepting CV’s from Physiatrist’s for our one-year non-accredited Interventional Pain Management Fellowship program.

**Pain Management Physician Assistant**  
PeaceHealth  
Longview, WA  
Looking for an experienced, Board

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**Revised AAPM Ethics Charter**  
Includes statement on conflicts of interest.

**OIG Publishes Fraud Alert on Physician Owned Distributorships**  
April 2, 2013 [Source: Policy and Medicine]  
The OIG reiterated its concern about the proliferation of PODs and OIG’s longstanding position that the opportunity for a referring physician to earn a profit, including through an investment in an entity for which he or she generates business, could constitute illegal remuneration under the anti-kickback statute. Full story...

**Mindfulness Therapy Might Help Veterans with Combat-Related Post-Traumatic Stress Disorder**  
April 17, 2013 [Source: University of Michigan]  
Meditation, stretching, and acceptance of thoughts and emotions might help veterans with combat-related post-traumatic stress disorder find relief from their symptoms according to a new collaborative study from the University of Michigan Health System and the VA Ann Arbor Healthcare System. Full story...

**Stony Brook Specialist Freezes Nerves to Knock Pain Out Cold**  
April 15, 2013 [Source: Stony Brook Medicine]  
An emerging non-pharmacological, minimally invasive interventional radiology treatment for neuralgia was presented at the Society of Interventional Radiology’s 38th Annual Scientific Meeting. William Moore, MD, a thoracic interventional radiologist at Stony Brook University School of Medicine presented results of a study on the procedure, called cryoneurolysis, where tiny balls of ice are placed on damaged nerves which safely short circuit chronic pain caused by nerve damage. Full story...

**Same gene variant promotes pain in women, suppresses pain in men**  
April 11, 2013 [Source: The Research Council of Norway]  
Researchers from Oslo Norway found that the gene coding for the OPRM1 receptor – involved in the body’s pain regulation – may be responsible for
women experiencing twice as much pain as men with the same gene variant. Full story...

An fMRI-Based Neurologic Signature of Physical Pain
'Functional magnetic resonance imaging (fMRI) holds promise for identifying objective measures of pain, but brain measures that are sensitive and specific to physical pain have not yet been identified,' according to a report in the New England Journal of Medicine. Full story...

Pain News

Report: Compounding Pharmacies go Untracked
April 14, 2013 [Source: The Washington Post]
"State authorities who are supposed to oversee the type of specialized pharmacy at the heart of last fall's deadly meningitis outbreak lack the most basic information about the companies they are supposed to regulate, according to a congressional report to be released Monday". Full story...

Meeting Preview: IASP NeuPSIG Comes to North America
February 26, 2013 [Source: Pain Research Forum]
The International Association for the Study of Pain (IASP) Special Interest Group (NeuPSIG) devoted to the understanding and management of neuropathic pain will meet in Toronto on May 23-25, 2013. Read more...

AAPM's State-of-the-Art, Comprehensive Textbook of Pain Medicine Available Now

A New Textbook on Pain: Comprehensive Treatment of Chronic Pain by Medical, Interventional, and Behavioral Approaches: The AMERICAN ACADEMY OF PAIN MEDICINE Textbook on Patient Management was released at AAPM's Annual Meeting. The multidisciplinary text features submissions from 166 pain experts appointed by the Academy and is organized around Pharmacologic, Interventional, and Integrative approaches to pain. Read more...

AAPM Foundation News

The AAPM Foundation was a visible presence at the 29th Annual American Academy of Pain Medicine meeting last week in Fort Lauderdale, establishing a booth for attendees to learn more about the activities of the Foundation and key priorities in its campaign to advance patient safety.

The Board of Directors held a meeting, which included seating newly appointed members. These new members represent greater diversity of AAPM membership, as well as advance our goals to reach broader healthcare provider audiences.

New Board Members include: Jeremy Adler, MS, PA-C, Gil Bashe, Michelle Byers, B. Todd Sitzman, MD, MPH, Patricia Bruckenthal, PhD, APRN-BC, ANP, Kevin Weber and AAPM Board Liaison Sean Mackey, MD, PhD. Continuing Board members include: Charles E. Argoff, MD (Board President) and Marsha Stanton, PhD, RN (Treasurer). Sincere thanks are extended to Linda Kittinski
and Lynn Webster, MD for their leadership in serving on the AAPM Foundation Board.

The Foundation was pleased to provide funding via a grant from Depomed to record the AAPM Essential Tools for Treating the Patient in Pain™ Course. This live capture will provide web-based delivery of the course to broader primary care audiences.

DEA National Take-Back Initiative

National Take-Back Initiative April 27, 2013
February 2013 [Source: DEA]
The next DEA National Prescription Drug Take-Back Day will take place across the country on Saturday, April 27, 2013, from 10:00 AM – 2:00 PM. For more information...

Practice Management & Coding Updates

Sequestration and Medicare Fee-for-Service
Emily Hill, PA, AAPM Coding Consultant
As required by law, President Obama issued a sequestration order on March 1, 2013. Unless Congress acts prior to April 1, 2013, Medicare FFS claims with dates-of-service or dates-of-discharge on or after April 1, 2013, will incur a 2 percent reduction in Medicare payment. The claims payment adjustment will be applied to all claims after determining coinsurance, any applicable deductible, and any applicable Medicare Secondary Payment adjustments. Read more...

Pain Treatments/Trials in the News

Collegium Pharmaceutical Announces Successful Completion of Clinical Study Evaluating the Impact of Tampering on Oxycodone DETERx(R), an Abuse-Deterrent, Extended-Release Opioid Product
April 17, 2013 [Source: The Wall Street Journal]
Full story...

KemPharm, Inc. Receives Notice of Allowance for Novel Pain Drug Candidate, KP201
April 3, 2013 [Source: KemPharm]
Recently designated as Benzhydrocodone, according to KemPharm, KP201 is in development for the treatment of acute moderate to moderately severe pain with a new drug application (NDA) expected to be filed in Q2 2014 and offers unique physicochemical and pharmacological attributes that may deliver additional patient benefits, including reduced potential for abuse and reduction or elimination of opioid-induced constipation (OIC). Full story...

FDA News, Warnings & Recalls

FDA Updates OxyContin Label, Blocks Generics
The U.S. Food and Drug Administration today approved abuse-deterrent labeling for reformulated OxyContin, but determined it would not approve generics to original OxyContin. Read more...

ApothéCure, Inc. is voluntarily recalling all lots of sterile products compounded by the pharmacy that are not expired to the user level. The recall is being initiated due to the lack of sterility assurance and concerns associated with the quality control processes. Read more...

ISSUE: NuVision Pharmacy is voluntarily recalling all unexpired lots of lyophilized compounds HcG 5000IU-5ml and Sermorelin/GHRH6-5ml to the user level. The recall is being initiated due to a lack of sterility assurance and concerns associated with the quality control processes identified during the FDA inspection. Read more...

AAPM Business

New President of American Academy of Pain Medicine Plans Bold Advances in Pain Education, Research and Pain Care Delivery

Lynn R. Webster, MD, AAPM's newly elected president, said he hopes to make bold advances in helping the 100 million Americans that are suffering with pain this year. Full story...

AAPM congratulates the Brigham and Women's Hospital's Pain Medicine Fellowship as the 2013 recipient of the AAPM Pain Medicine Fellowship Excellence Award. Read more...

New AAPM President Plans ‘Bold Advances’ in Pain Education, Research and Pain Care Delivery

Dr. Lynn R. Webster seeks to lead the Academy to make great strides during the coming year in several key areas:

- Educating physicians and patients about safe prescribing and use of pain medications, when they are appropriate,
- Improving the health care delivery system so that comprehensive treatment is available to patients with chronic pain, and
- Investigating new treatments that are more effective and safer than current options.

Full story...
With membership at an unprecedented level, more than 2,400 physicians and their pain teams are part of this premier medical specialty society, practicing in pain medicine from origins in anesthesiology, neurosurgery, neurology, physiatry, and psychiatry. Now in its 29th year, the American Academy of Pain Medicine (AAPM) continues to provide education, training, advocacy and research in the specialty of pain medicine. Consider joining AAPM today and become part of this growing medical specialty society. Visit www.painmed.org for more information.

Join the AAPM Linked-In Group and become a "fan" of AAPM on Facebook.

Save the Date for the 2014 Annual Meeting

- March 6-9, 2014 (Thursday-Sunday)
- Preconference sessions begin March 5, 2014
- Phoenix Convention Center and Sheraton Phoenix Downtown Hotel
- Phoenix, AZ

How Much Does It Hurt? Let's Scan Your Brain

April 10, 2013 [Source: NPR]

Commenting on the recently released story on fMRI scans to quantify pain, AAPM’s New President said, "It's fascinating... For a long time we've tried to find objective ways to measure pain, and it's been elusive." Full story...

Back to top

AAPM Member Honors and Distinctions

Presidential Commendations and Awards

The American Academy of Pain Medicine is pleased to announce the recipients of this year's Presidential Commendations and Awards. The following individuals will be recognized for their exceptional service to the field of Pain Medicine at this year's Annual Meeting during the AAPM Business Meeting, Saturday, April 13, from 1:30-2:15 p.m.

Awards

The Philipp M. Lippe, MD, Award is given to a physician for outstanding contributions to the social and political aspect of Pain Medicine. Social and political accomplishments could be those that benefit the science, the practice or the recognition of the specialty. The 2013 Philipp M. Lippe, MD, Award recipient is: Chester Church Buckenmaier III, MD

The Founders Award is given to an individual for outstanding contributions to the science or practice of Pain Medicine. This award is given for continued contributions for the basic or clinical science of Pain Medicine or for demonstration of clinical excellence or innovation in the practice of Pain Medicine. The 2013 Founders Award recipient is: Allan Basbaum, PhD

The Patient Advocacy Award recognizes activity of an individual in advocating for appropriate evaluation and treatment of patients suffering from pain. This award was created to honor those healthcare professionals whose deeds reflect their recognition of the importance and impact of the specialty of Pain Medicine. The 2013 Patient Advocacy Award recipient is: Malene Davis, MBA, MSN, CHPN, and Capital Caring

The AAPM Presidential Excellence Award for Education honors an individual who has made major contributions to the education of others about Pain Medicine. The 2013 Presidential Excellence Award for Education recipient is: Debra K. Weiner, MD

The Pain Medicine Fellowship Excellence Award recognizes Pain Medicine Fellowship Programs that provide exceptional learning experience to their fellows, preparing them to deliver the highest standard of care to patients with pain. The inaugural recipient of the 2013 Pain Medicine Fellowship Excellence Award is: Brigham and Women's Hospital Pain Medicine Fellowship

Presidential Commendations

Penney Cowan - Founder and Chief Executive Officer, American Chronic Pain Association For commitment to being an active voice supporting the needs of all people who suffer with chronic pain.

Melanie Thernstrom - Contributing Writer, The New York Times Magazine For work on the Institute of Medicine Committee on Advancing Pain Research, Care and Education, and as author of "The Pain Chronicles", an
account of her personal battle with chronic pain.

Back to top

Pain Abstracts in the News

Association Between Childhood Migraine and History of Infantile Colic
April 17, 2013 [Source: The Journal of the American Medical Association]
Abstract: Importance Infantile colic is a common cause of inconsolable crying during the first months of life and has been thought to be a pain syndrome. Migraine is a common cause of headache pain in childhood. Whether there is an association between these 2 types of pain is unknown. Objective To investigate a possible association between infantile colic and migraines in childhood.
Read more...

Effect of Duloxetine on Pain, Function, and Quality of Life Among Patients With Chemotherapy-Induced Painful Peripheral Neuropathy
April 3, 2013 [Source: The Journal of the American Medical Association]
Abstract: Importance: There are no known effective treatments for painful chemotherapy-induced peripheral neuropathy. Objective To determine the effect of duloxetine, 60 mg daily, on average pain severity. Conclusion and Relevance Among patients with painful chemotherapy-induced peripheral neuropathy, the use of duloxetine compared with placebo for 5 weeks resulted in a greater reduction in pain.
Read more...

Considerations in Selecting Rapid-Onset Opioids for the Management of Breakthrough Pain
March 2013 [Source: Journal of Pain Research]
Abstract: Breakthrough pain (BTP) is a transitory pain that occurs despite the use of long-term, around-the-clock analgesia. It is highly prevalent in certain populations and places a significant burden on patients, their families, caregivers, and health-care systems. Despite its prevalence and impact, BTP is sometimes unrecognized and often undertreated.
Read more...

Platelet Rich Plasma Significantly Improves Clinical Outcomes in Patients with Chronic Tennis Elbow
March 21, 2013 [Source: American Academy of Orthopeadic Surgeons]
Researchers are concluding that treatment of chronic tennis elbow with platelet rich plasma is safe and results in clinically meaningful improvements in pain scores and local tenderness compared to an active control group.
Read more...

Back to top

PubMed Pain Abstracts

The following abstracts are posted at PubMed.gov:

Opioid Use in Fibromyalgia Is Associated with Negative Health Related Measures in a Prospective Cohort Study
Published online 2013 March 18. doi: 10.1155/2013/898493
Researchers examined the effect of opioid treatments in patients diagnosed with FM and followed longitudinally in a multidisciplinary pain center over a period of 2 years.
The contribution of satellite glial cells to chemotherapy-induced neuropathic pain
Warwick RA, Hanani M.
Source: Laboratory of Experimental Surgery, Hadassah-Hebrew University Medical Center, Jerusalem, Israel.
Researchers are proposing that increased coupling by gap junctions is part of satellite glial cell activation, and that augmented coupling contributes to the lowering of pain threshold in oxaliplatin- and taxol-treated mice. They also propose that gap junction blockers may have potential in treating chemotherapy-induced neuropathic pain.
PMID: 23065831 [PubMed - in process]

Treating Phantom Limb Pain Using Continuous Peripheral Nerve Blocks: A Department of Defense Multicenter Study (DoD-PLP-Tx)
This study is not yet open for participant recruitment.
First received: March 30, 2013
Sponsor: University of California, San Diego
Collaborator: Department of Defense
Principal Investigator: Brian M. Ilfeld, MD, MS, University of California, San Diego
Information provided by (Responsibility Party): Brian M. Ilfeld, MD, MS, University of California, San Diego
ClinicalTrials.gov Identifier: NCT01824082
Stated Purpose: When a limb is traumatically severed, pain perceived in the part of the body that no longer exists often develops. This is called "phantom limb" pain, and is different from "stump" pain, which is pain within the part of the limb that remains intact. Unfortunately, phantom pain resolves in only 16% of people, with the rest experiencing this pain for the remainder of the lives. There is currently no reliable treatment for phantom limb pain.

Mechanism and Treatment of Sympathetically Maintained Pain
This study is currently recruiting participants.
First received: March 12, 2013
Sponsor: The Cleveland Clinic
Collaborator: NHMRC - Murdoch University
Principal Investigator: Michael Stanton Hicks, M.D.
Information provided by (Responsibility Party): Michael Stanton Hicks, The Cleveland Clinic
ClinicalTrials.gov Identifier: NCT01813149
Stated Purpose: 40 CRPS patients will be recruited over a three-year period (target of 160 patients at all sites). Assessment of exclusion criteria will be undertaken during initial recruitment. Exclusion criteria are: <18 years; a second chronic pain syndrome that would interfere with pain rating; psychiatric comorbidity; pain in both hands or feet; pregnancy or breastfeeding; sympathectomy in the affected limb; use of topical medication; known sensitivity to alpha 1 - adrenoceptor agonists or other contraindications. Patients will maintain their regular oral medications throughout the study period.

Increase Sensitivity to Pain Caused by Opioids in People Who Have Abused Prescription Opioids
This study is currently recruiting participants.
First received: March 27, 2013
Sponsor: Georgetown University
Collaborator: National Institute on Drug Abuse (NIDA)
Principal Investigator: Peggy Compton, RN, PhD, Georgetown University
Information provided by (Responsibility Party): Peggy Compton, Georgetown University
ClinicalTrials.gov Identifier: NCT01821430
Stated Purpose: Managing pain in patients who abuse prescription opioids presents many challenges, including the development of opioid-induced hyperalgesia (OIH). Hyperalgesia is a condition in which something that usually feels slightly painful is perceived as something very painful. The proposed study will test the efficacy of a well-known neurological medication, pregabalin, to diminish OIH and chronic pain in persons who are in buprenorphine treatment for prescription drug abuse.

Read more...

Back to top

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