AAPM E-News October 29, 2015 - Your Latest News on the Specialty of Pain Medicine

LATEST NEWS from the American Academy of Pain Medicine

Advocacy
Pain Research in the News
Pain Treatments and Trials in the News
Clinical Resources
Practice Management & Coding Updates
AAPM Call to Action
Substance Abuse and Addiction Research
Government Agency News
FDA News, Warnings & Recalls
State Legislative News - News for MA, MI and OH
AAPM 2016 Annual Meeting - Call for Late-Breaking Abstracts
AAPM Foundation
Pain Abstracts in the News
PubMed Pain Abstracts
NIH Clinical Studies & Trials
Industry News

Advocacy
American Academy of Pain Medicine (AAPM) Joins Obama Administration Fight against Prescription Drug Abuse
October 22, 2015 [Source: American Academy of Pain Medicine]
The American Academy of Pain Medicine (AAPM) joins the Obama Administration’s efforts to address the growing crisis of opioid abuse. AAPM is included on the White House Fact Sheet: Obama Administration Announces Public and Private Sector Efforts to Address Prescription Drug Abuse and Heroin Use. In addition to joining the President, the Academy is also represented on the AMA Task Force to Reduce Opioid Abuse. Other educational programs sponsored by AAPM includes the 2015 Methadone E-Learning Education Curriculum designed to equip prescribers with the knowledge, skills, and behaviors they need to implement evidence-based safe prescribing practices and Providers’ Clinical Support System for Opioid Therapies (PCSS-O) webinars. Along with these programs, AAPM continues to offer the Essential Tools for Treating the Patient in Pain™ and other online learning educational content.
To view AAPM press release...
Pain Research in the News

Drug for Digestive Problem can Extend Survival for Many Advanced Cancer Patients
October 27, 2015 [Source: University of Chicago School of Medicine]
Patients with advanced cancers who took a drug designed to relieve constipation caused by pain killers lived longer and had fewer reports of tumor progression than cancer patients who did not receive the drug, according to results presented October 27 at the 2015 meeting of the American Society of Anesthesiologists in San Diego. This is the first study in humans to associate opioid blockade with improved survival. Full story...

Standard Phenotypes Will Aid in Genetic Research on Neuropathic Pain
October 26, 2015 [Source: Wolters Kluwer Health]
Research on the genetic factors contributing to neuropathic pain has been hindered by the lack of a standard approach to assessing its clinical characteristics or "phenotype." Now, a report from an expert panel published in the journal PAIN® presents a consensus approach to assessing the phenotype of neuropathic pain. The journal is the official publication of the Wolters Kluwer. Full story...

Young People Receive More Pain Relievers Than They Need
October 26, 2015 [Source: Medscape]
Full story (login required)...

People Can Raise Their Pain Threshold by Altering Brain Chemistry, Study in Arthritis Patients Shows
October 23, 2015 [Source: University of Manchester, U.K.]
Chronic pain – pain which lasts for more than six months – is a real problem for many people with approximately 46% of the UK population estimated to suffer from it (comprising 20% of consultations in general practice). However, some people seem to cope better than others with pain, and knowing more about how these coping mechanisms work might help to develop new ways of treating this distressing symptom. Full story...

Pediatric Patients Prescribed More Opioids than Needed for Pain after Surgery, Study Finds
October 19, 2015 [Source: American Society of Anesthesiologists]
Although it is not uncommon for pediatric patients to be prescribed opioids to treat certain types of moderate to severe pain, new research suggests these patients may be prescribed more opioids than necessary following surgery. A study presented at the ANESTHESIOLOGY® 2015 annual meeting found nearly 60 percent of opioids dispensed to pediatric patients following surgery remained unused, which could lead to the unused medication being abused by other adolescents in the household. Full story...

Consider Peri-op IV Magnesium To Reduce Post-op Opioids
October 2015 [Source: Anesthesiology News]
Full story...
To view Pubmed.gov abstract...

Pyramidal Protocol Promotes Opioid-Sparing Analgesia
October 2015 [Source: Anesthesiology News]
Full story...

New Anticoagulants and Emerging Trends in Regional Anesthesia
Reporting Inpatient Hospital Visits
Emily Hill, PA, AAPM Coding Consultant

Pain Medicine physicians are sometimes asked to see patients in the inpatient setting for evaluations and recommendations. Since most Pain Medicine physicians do not routinely admit patients, coding for inpatient services is unfamiliar territory. Inpatient codes are sub-classified as initial and subsequent care codes. The "physician of record" or the patient's admitting physician reports the initial inpatient care codes (99221-99223) for the admission history and physical, writing orders, and other work associated with admitting a patient to the hospital. Typically, only one physician will be paid for an initial hospital care code.

What Physicians Need to Know about the New EHR Regulations
October 21, 2015 [Source: AMA]

More than 1,300 pages of new regulations released earlier this month outline requirements for the electronic health record (EHR) meaningful use program, with several changes applying this year. We've gathered some of the most important changes that will affect your practice. Full story...

Coding Resources:

2016 Pain Medicine Code Mapper - Now Available
For more information...

ICD-10 Case Studies for Pain Medicine Services Virtual Seminar

Visit the coding for pain section of the website for coding books, on-demand coding seminars and other coding resources.

AAPM Call to Action

NIDA Clinical Trials Network Seeks Feedback from Front-Line, Non-Addiction Specialists & Non-Academic Primary Care Providers

PCSS-O is a national training and mentoring project developed in response to the prescription opioid overdose epidemic for which the American Academy of Pain Medicine is a partner. Like other PCSS-O partners, AAPM provides free CME programs on the safer and effective use of opioids for treatment of chronic pain and opioid use disorder.

Our colleagues at the American Academy of Addiction Psychiatry (AAAP), the lead organization for PCSS-O, have been approached by the NIDA Clinical Trials Network (CTN) which is working on a project (with Drs. Andy Saxon and Gavin Bart) to develop an electronic medical record-based clinical decision support tool to support the care of opioid use disorder in primary care. **The NIDA CTN now seeks feedback from front-line, non-addiction specialists & non-academic primary care providers** to review materials (a schematic and description of the flow of clinical decision support) and to then participate in a 1-hour webinar on December 9 from 4-5 p.m. ET.

If you are interested in participating in this effort, kindly email AAPM Director of Education Jennifer Westlund (jwestlund@painmed.org) at your earliest convenience and your contact information will be provided to AAAP Executive Director Kathryn Cates-Wessel, PI/Project Director for PCSS-O.

Many thanks for your consideration and your ongoing efforts to improve the lives of patients in pain.

Substance Abuse and Addiction Research

On the Rise: Painkiller Abusers Who also Use Heroin

October 28, 2015 [Source: Washington University in St. Louis]

New research shows that drug abusers are not completely abandoning prescription opioids for heroin. Instead, many use the two concurrently based on their availability, according to a survey of 15,000 patients at drug-treatment centers in 49 states. Full story...

Nonmedical Prescription Opioid use Disorders, Deaths Increase in the US

October 13, 2015 [Source: The JAMA Network Journals]

From 2003 to 2013, the percentage of nonmedical use of prescription opioids decreased among adults in the U.S., while the prevalence of prescription opioid use disorders, frequency of use, and related deaths increased, according to a study in the October 13 issue of JAMA. Full story...

Substance Abuse Treatment Remains Low for Opioid Use Disorders
Designate AAPM on Your AMA Membership Ballot

If you are an AMA member, you should be receiving your Specialty Representation Ballot in the mail shortly. Please take a moment and complete your Ballot, either with the self-addressed postcard or on the AMA website. Be sure to designate AAPM as your Specialty Society. It is very important that we have sufficient AAPM votes for continued representation in the House of Delegates. Thank you.

AAPM on Social Network Sites

Join the AAPM Linked-In Group.

Government Agency News

Request for Nominations for Voting Members for the Patient Engagement Advisory Committee

The Food and Drug Administration (FDA) is requesting nominations for members to serve on the Patient Engagement Advisory Committee (the Committee), Office of the Center Director, Center for Devices and Radiological Health. Nominations received by November 20, 2015, will be given first consideration for membership on the Committee. Nominations received after November 20, 2015, will be considered for nomination to the Committee as later vacancies occur.

Controlled Substance Prescribing Patterns — Prescription Behavior Surveillance System, Eight States, 2013

Abstract: Problem/Condition: Drug overdose is the leading cause of injury death in the United States. The death rate from drug overdose in the United States more than doubled during 1999–2013, from 6.0 per 100,000 population in 1999 to 13.8 in 2013. The increase in drug overdoses is attributable primarily to the misuse and abuse of prescription drugs, especially opioid analgesics, sedatives/tranquilizers, and stimulants.

FDA News, Warnings & Recalls

Downing Labs, LLC Sterile Compounded Products: Recall - Lack of Sterility Assurance

Acetaminophen Tablets by Medline Industries: Recall - Mislabeling with Incorrect Strength

FDA alerts health care professionals not to use sterile drug products
Drug Products Intended to be Sterile by Chen Shwezin Inc., dba Park Compounding Pharmacy: FDA Statement - Lack of Sterility Assurance
October 3, 2015 [Source: FDA]
Full story...

State Legislative News

MA: Baker, Walsh Call on State Legislature to Pass Governor's Opioid Legislation
October 27, 2015 [Source: Governor Charlie Baker, MA]
Today, Governor Charlie Baker and Mayor Martin J. Walsh sent a joint letter to members of the Massachusetts State Legislature asking for swift action on the Baker-Polito Administration's recently filed legislation, "An Act Relative to Substance Use Treatment, Education and Prevention". Full story...

Michigan Prescription Drug and Opioid Abuse Task Force: Report on Findings and Recommendations for Action
October 26, 2015 [Governor Rick Synder, MI]
Full story...

OH: Empowering Prescribers & Pharmacists to Prevent Opiate Abuse
October 26, 2015 [Source: Ohio Automated Rx Reporting System (OARRS)]
Full story...

AAPM 2016 Annual Meeting

Call for Late-Breaking Abstracts
Late-Breaking abstracts will be accepted for the American Academy of Pain Medicine 2016 Annual Meeting. Entries will be accepted from November 2 through November 12, 2015, at 11:59 p.m. CT. Watch the AAPM website next week for information regarding submissions of Late-Breaking Abstracts.

AAPM Foundation

AAPM Foundation Advances the Science and Practice of Pain
The American Academy of Pain Medicine Foundation was created in 2011 to support the efforts of AAPM. The overarching focus of the Foundation's efforts is to advocate for patient safety by providing funding support to expand and enhance education and research. Visit the Foundation website to learn more about the Foundation and to make a donation today.

Pain Abstracts in the News

Prescription Opioids in Adolescence and Future Opioid Misuse
October 26, 2015 [Source: Pediatrics]
Abstract: BACKGROUND AND OBJECTIVE: Legitimate opioid use is
associated with an increased risk of long-term opioid use and possibly misuse in adults. The objective of this study was to estimate the risk of future opioid misuse among adolescents who have not yet graduated from high school.

Naproxen With Cyclobenzaprine, Oxycodone/Acetaminophen, or Placebo for Treating Acute Low Back Pain

Abstract: Importance: Low back pain (LBP) is responsible for more than 2.5 million visits to US emergency departments (EDs) annually. These patients are usually treated with nonsteroidal anti-inflammatory drugs, acetaminophen, opioids, or skeletal muscle relaxants, often in combination. Objective: To compare functional outcomes and pain at 1 week and 3 months after an ED visit for acute LBP among patients randomized to a 10-day course of (1) naproxen + placebo; (2) naproxen + cyclobenzaprine; or (3) naproxen + oxycodone/acetaminophen.

Is Higher Serum Cholesterol Associated with Altered Tendon Structure or Tendon Pain? A Systematic Review

Abstract: Background Tendon pain occurs in individuals with extreme cholesterol levels (familial hypercholesterolaemia). It is unclear whether the association with tendon pain is strong with less extreme elevations of cholesterol.

Early Physical Therapy vs Usual Care in Patients with Recent-Onset Low Back Pain

Abstract: Importance: Low back pain (LBP) is common in primary care. Guidelines recommend delaying referrals for physical therapy. Objective: To evaluate whether early physical therapy (manipulation and exercise) is more effective than usual care in improving disability for patients with LBP fitting a decision rule.

The following abstracts are posted at PubMed.gov:

Interictal, Circulating Sphingolipids in Women with Episodic Migraine: A Case-Control Study

Abstract: OBJECTIVE: To evaluate interictal, circulating sphingolipids in women migraineurs. CLASSIFICATION OF EVIDENCE: This study provides Class III evidence that serum sphingolipid panels accurately distinguish women with migraine from women without migraine.

Understanding Americans’ Views on Opioid Pain Reliever Abuse

Abstract: AIMS: Opioid pain reliever abuse rates have increased sharply in the United States. This study examines Americans’ personal experience with
opioid pain reliever use and abuse, and views about the seriousness of the problem, factors causing it, responsibility for addressing it and support for policies to resolve it. FINDINGS: 28.2 per cent of Americans reported using opioid pain relievers in the last 12 months, 69.5% have used them in their life-time and 17.3% reported using these medications when not prescribed to them.

PMID: 26212522 [PubMed - as supplied by publisher]

Evaluating Guideline-recommended Pain Medication Use among Patients with Newly Diagnosed Fibromyalgia

Halpern R1, Shah SN2, Cappelleri JC3, Masters ET2, Clair A2.

Abstract: OBJECTIVES: To compare pain medication treatment changes across cohorts of newly diagnosed patients with fibromyalgia (FM) treated with guideline-recommended medications or opioids. CONCLUSIONS: Opioid use was widespread among patients with FM. Once patients received opioids postdiagnosis, the likelihood of receiving guideline-recommended medications was small. These real-world results indicate an opportunity may exist for improved FM management using recommended therapies in clinical practice.

© 2015 World Institute of Pain. KEYWORDS: adherence; fibromyalgia; guidelines; opioid use; pain; therapeutics
PMID: 26443495 [PubMed - as supplied by publisher]

The following studies and trials are posted at ClinicalTrials.gov:

The Effects of Mindfulness Meditation on Fibromyalgia-Related Pain

This study is not yet open for participant recruitment. (see Contacts and Locations)
Verified October 2015 by Wake Forest School of Medicine
Sponsor: Wake Forest School of Medicine
Information provided by (Responsible Party): Dennis C. Ang, Wake Forest School of Medicine
Principal Investigators: Fadel Zeidan, PhD, Wake Forest Baptist Health and Dennis Ang, MD, Wake Forest Baptist Health
ClinicalTrials.gov Identifier: NCT02581332

Stated Purpose: The purpose of this study is to examine the effects of a brief mindfulness meditation intervention on clinical and experimental pain in fibromyalgia (FM) patients as compared to a wait-list control condition. Based on prior research, investigators’ working hypothesis is that this intervention will decrease the severity of FM-associated clinical pain and experimentally induced pain in comparison to pre-intervention scores and a wait-list control group. Additionally, based on prior work, investigators postulate that mindfulness meditation training will decrease a) depression, b) state anxiety, c) overall disease severity, and d) perceived stress, while increasing e) quality of sleep, and f) mindfulness skills in comparison to pre-intervention scores and the wait-list control group.

Industry News

New Caldolor Integrated Safety Analysis Published Supporting The Safety Of Caldolor® (ibuprofen) Injection

October 27, 2015 [Source: Cumberland Pharmaceuticals Inc.]
FDA Approval of BELBUCA™ (CIII) (Buprenorphine HCl) Buccal Film for Chronic Pain Triggers Milestone Payment of 50 Million to BioDelivery Sciences from Partner Endo Pharmaceuticals
October 26, 2015 [Source: BioDelivery Sciences International, Inc.]
Full story...

Iroko Pharmaceuticals Receives FDA Approval for VIVLODEX™ — First Low Dose SoluMatrix® Meloxicam for Osteoarthritis Pain
October 23, 2015 [Source: Iroko Pharmaceuticals]
Full story...

Elite Pharmaceuticals Announces Positive Top-Line Results from a Pivotal Phase 3 Study for Abuse-Deterrent Opioid ELI-200 Meets Primary and Secondary Endpoints
October 21, 2015 [Source: Elite Pharmaceuticals Inc.]
Full story...

Back to top