AAPM E-News March 21, 2016 - Your Latest News on the Specialty of Pain Medicine

LATEST NEWS from the American Academy of Pain Medicine

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Advocacy
Final National Pain Strategy Report Released
The American Academy of Pain Medicine (AAPM) applauds the release of the National Pain Strategy (NPS) by the US Department of Health and Human Services. Many in AAPM have a lifelong mission to reduce the suffering of people with pain. The NPS will be a leap forward in advancing this mission – if stakeholders work together to implement it.
To view the Academy’s statement...
View HHS Press Release on the Final National Pain Strategy Report...
View Final National Pain Strategy Report...

CDC Guideline for Prescribing Opioids for Chronic Pain
A statement from the American Academy of Pain Medicine
March 16, 2016 [Source: AAPMedicine]
View statement...
View the CDC Guideline for Prescribing Opioids for Chronic Pain, United States, 2016...
View the CDC Fact Sheet...

AMA Call to Action: Patrice A. Harris MD, MA Addresses Attendees at AAPM’s Annual Meeting in Palm Springs
AAPM Ethics Charter
Includes statement on conflicts of interest.

Now Available
Treatment of Chronic Pain by Medical, Interventional, and Integrative Approaches.
For more information...

Need to add a Pain Physician to your practice?
Post your ad with AAPM's Career Center and reach more than the 2,500 members of AAPM. The network reaches beyond 30,000 professionals in healthcare.

Help Wanted:
Pain Management Specialist
Advanced Regenerative Orthopedics
Tampa, FL
Multidisciplinary practice of neurosurgeons, orthopedic surgeons and internal medicine physicians seeking anesthesia board certified/board eligible pain management fellowship trained physician

Michigan Sports & Spine Center, P.C.
Troy, MI
We are seeking a BE/BC physiatrist to join our comprehensive practice including outpatient clinic, subacute rehab, emg/ncv studies, musculoskeletal ultrasound, sports medicine, injections and pain management.

Academic Clinician in Behavioral Pain Management

View follow-up support letter from AMA's Chair-Elect, Board of Trustees...
An AMA Viewpoints post by AMA President Steven J. Stack, MD...

AAPM Signs onto a Letter to Congress in Support of the Reauthorization of NASPER
February 23, 2016 [Source: AAPMedicine]
View letter...

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Pain Research in the News

The Anatomy of Pain
March 21, 2016 [Source: Max Planck Society (MPG)]
Researchers at the Max Planck Institute for Human Cognitive and Brain Sciences in Leipzig and other institutions have now proposed a new theory that describes pain as a multi-layered gradual event which consists of specific pain components, such as a burning sensation in the hand, and more general components, such as negative emotions. Full story...

Scientists Discover Non-Opioid Pain Pathway in the Brain
March 17, 2016 [Source: NIH]
Results from a new study, funded in part by the National Center for Complementary and Integrative Health, demonstrate that mindfulness meditation works on a different pain pathway in the brain than opioid pain relievers. Full story...

Study Shows Spinal Cord Stimulation Reduces Emotional Aspect Of Chronic Pain
March 16, 2016 [Source: Ohio State University Wexner Medical Center]
Researchers at The Ohio State University Wexner Medical Center have shown that patients who have chronic pain can reduce their emotional response to the pain through spinal cord stimulation. The study results are published as the cover article and Editor’s Choice in the latest issue of the journal Neuromodulation: Technology at the Neural Interface, published by the International Neuromodulation Society. Full story...

Mindfulness Meditation Provides Opioid-Free Pain Relief, Study Finds
March 16, 2016 [Source: Wake Forest Baptist Medical Center]
In a study published in the current issue of the Journal of Neuroscience, a team led by Fadel Zeidan, Ph.D., assistant professor of neurobiology and anatomy at Wake Forest Baptist Medical Center, reports that mindfulness meditation does not employ the endogenous opioid system to reduce pain. Full story...

IUPUI Psychologists Explore Pain in Hispanic Americans
March 15, 2016 [Source: Indiana University-Purdue University Indianapolis School of Science]
Hispanic Americans report fewer pain conditions compared with non-Hispanic white or black Americans, according to a critical review and analysis of more than 100 studies on pain experience and pain management among Hispanic Americans. Full story...

Chronic Pain and the Brain
March 13, 2016 [Source: Neuroscience Research Australia]
Full story...

UT Neurologist's Research Links Emotional Abuse in Children to
Migraines as Young Adults
March 4, 2016 [Source: University of Toledo]
Children who are abused could be more likely to experience migraines as young adults, according to a study by a University of Toledo neurologist. Full story...

Spider Venoms May have Legs as Future Painkillers
March 4, 2016 [Source: University of Queensland, Australia]
University of Queensland researchers have found seven peptides (mini-proteins) in spider venom that block the molecular pathway responsible for sending pain signals from nerves to the brain. The discovery, published in the British Journal of Pharmacology, could inspire a new class of potent painkillers with fewer side effects than current medications. Full story...

Pitt Study Shows Mindfulness Meditation Can Lead to Back Pain Relief for Older Adults
March 1, 2016 [Source: University of Pittsburgh School of Medicine]
Mindfulness meditation programs can help reduce severe pain and increase function for older adults with chronic low back pain, according to new research led by the University of Pittsburgh School of Medicine. Full story...

View abstract in Pubmed.gov...

Easing Women’s Pain: Exercise, Identifying Triggers Are Key, Research Shows
February 24, 2016 [Source: American Society of Anesthesiologists]
This year’s Women’s Pain Update reveals women should not be shy in taking care of themselves, especially when it comes to daily pain. Full story...

Migraine, Tension Headaches and Irritable Bowel Syndrome Linked?
February 23, 2016 [Source: American Academy of Neurology]
Migraine and tension-type headaches may share genetic links with irritable bowel syndrome (IBS), according to a preliminary study released today that will be presented at the American Academy of Neurology’s 68th Annual Meeting in Vancouver, Canada, April 15 to 21, 2016. Full story...

Opioids for Depression: Novel Treatment Tested
February 23, 2016 [Source: Medscape]
Full story (login required)...

How Effective are Opioid Guidelines in the Primary Care Setting?
February 1, 2016 [Source: Oregon Health and Science University School of Medicine]
"A Chronic Opioid Therapy Dose Reduction Policy in Primary Care," published in the journal Substance Abuse. The paper is published by a team led by Dr. Melissa Weimer. Full story...

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AAPM Education Resources

Safe Opioid Prescribing and Risk Evaluation and Mitigation Strategies (REMS) Course
This self-paced online course is available through the Department of Anesthesiology, Perioperative and Pain Medicine at Stanford University School of Medicine, in collaboration with AAPM. The course is offered at no cost. For more information...

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Practice Management & Coding Updates
RUC Surveys Due Today - Your Help is Needed

CMS has requested a review of physician work RVUs for CPT code 64418 (Injection, anesthetic agent; suprascapular nerve. In response to the request, AAPM has joined with other Pain Medicine organizations to conduct a standard AMA's Relative Value Update Committee (RUC) survey for this code. The survey results will be used by AAPM and the other involved societies to develop a recommended work value.

Following RUC guidelines, electronic surveys were sent to a randomly selected group of AAPM members. If you received an email requesting your participation, please do so as the information is important in assuring that values are fairly presented to the RUC and CMS. You only need to complete the survey if you perform the procedure. The deadline to participate in the survey is today, Monday, March 21. If you have questions or need additional information, please Emily Hill at emily@codingandcompliance.com.

The Physicians Foundation Invites over 650,000 Physicians to Participate in Fourth National Survey

March 1, 2016 [Source: The Physicians Foundation]

The survey will take approximately 10-12 minutes to complete and will allow physicians to share their thoughts on health reform, electronic medical records, new methods of physician reimbursement, ICD-10, and a variety of other topics. For more information...

Improving Communication between Primary and Specialty Care Physicians

February/March 2016 [Source: Association of American Medical Colleges]

Full story...

How the Mayo Clinic is Battling Burnout

March 9, 2016 [Source: AMA]

Full story...

Available Now! 2016 Illustrated Coding and Billing Expert for Anesthesia/Pain Management

Optimized for medical necessity and reimbursement understanding, this all-in-one resource focuses on a subset of CPT anesthesia services, as well as surgeries, medicine and ancillary services CPT codes linked to Pain Management interventions chosen by experts who take into consideration utilization, denial risk and complexity.

Order Now

Massachusetts: Governor Baker Signs Landmark Opioid Legislation into Law

March 14, 2016 [Source: Charlie Baker, Governor MA]

Full story...

As Opioid & Heroin Related Deaths in New York Continue to Climb, Senator Gillibrand & Congresswoman Slaughter Urge Passage of Bipartisan Legislation to Fight Opioid Epidemic

March 11, 2016 [Source: U.S. Senator Kirsten Gillibrand (D-NY)]

Full story...

Senate Passes Whitehouse’s Far-Reaching Bill to Tackle Addiction Crisis

March 10, 2016 [Source: Senators Sheldon Whitehouse (D-RI)]
Designate AAPM on Your AMA Membership Ballot

If you are an AMA member, you should be receiving your Specialty Representation Ballot in the mail shortly. Please take a moment and complete your Ballot, either with the self-addressed postcard or on the AMA website. Be sure to designate AAPM as your Specialty Society. It is very important that we have sufficient AAPM votes for continued representation in the House of Delegates. Thank you.

AAPM Annual Meeting News & Highlights

2016 AAPM Annual Meeting Recap

The 32nd AAPM Annual Meeting took place from February 18-21 in Palm Springs, California.

Highlights included:
- Networking Opportunities
- Education from a World-Class Faculty
- Opportunities to Learn About New Research and Products
- Collaboration and Recognition

View key meeting highlights...

Loyola Study Finds Women Suffer more Neck Pain than Men due to Cervical Disc Degeneration

March 8, 2016 [Source: Loyola University Medical Center]

The study by Meda Raghavendra, MD and Joseph Holtman, MD, PhD, of Loyola University Medical Center and Loyola University Chicago Stritch School of Medicine, was presented at the annual meeting of the American Academy of Pain Medicine in Palm Springs, CA. The findings add to the growing body of research on the differences in which men and women experience pain. Full story...

Top News from AAPM 2016: Slideshow (login required)
March 11, 2016 [Source: Medscape]

Naloxone Prescribed With Every Opioid? (login required)
March 7, 2016 [Source: Medscape]

Have Difficult-to-Treat Pain Patients? Try Genetic Testing (login required)
March 2, 2016 [Source: Medscape]

Ganglion Block Beats Blood Patch for Dural Puncture Headache (login required)
February 23, 2016 [Source: Medscape]
AAPM Members in the News

Do Non-Opioid Pain Meds Raise Risk of Suicide?
March 07, 2016 [Source: Pain News Network]

Full story...

Lynn R. Webster, MD

Opioid Abuse Among Seniors: Stanford Pain Expert Testifies on Issue Before U.S. Senate
February 29, 2016 [Source: Stanford Medicine Scope Blog]

Full story...

Sean Mackey, MD, PhD

2016 AAPM Awards and Commendations

The American Academy of Pain Medicine's Pain Medicine Fellowship Excellence Award
This Award recognizes Pain Medicine Fellowship Programs within the United States that are accredited by the Accreditation Council for Graduate Medical Education (ACGME), and provide an exceptional learning experience to their fellows, preparing them to deliver the highest standard of care to patients with pain.

The 2016 Recipients include:

- Cleveland Clinic
- Medical College of Wisconsin
- University of California, Davis
- University of Pittsburgh Medical Center

2016 AAPM Awards and Presidential Commendations
Please join the Academy in congratulating the following individuals who were honored with an AAPM Award or Presidential Commendation during the 2016 AAPM Annual Meeting.

Awards

John D. Loeser, MD
Philipp M. Lippe, MD, Award – given to a physician for outstanding
contributes to the social and political aspects of pain medicine. Social and political accomplishments could be those that benefit the science, the practice or the recognition of the specialty.

Daniel J. Clauw, MD
*Founders Award* – given to an individual for outstanding contributions to the science or practice of pain medicine. This award is given for continued contributions for the basic or clinical science of pain medicine or for demonstration of clinical excellence or innovation in the practice of pain medicine.

Yu "Woody" Lin, MD, PhD
*Distinguished Service Award* - given to an individual for commitment and contributions to the American Academy of Pain Medicine. This award is given to an individual for specific outstanding contributions.

Penney Cowan
*Patient Advocacy Award* - recognizes activity of an individual in advocating for appropriate evaluation and treatment of patients suffering from pain. This award was created to honor those healthcare professionals whose deeds reflect their recognition of the importance and impact of the specialty of pain medicine.

Carmen R. Green, MD
*Patient Advocacy Award* - recognizes activity of an individual in advocating for appropriate evaluation and treatment of patients suffering from pain. This award was created to honor those healthcare professionals whose deeds reflect their recognition of the importance and impact of the specialty of pain medicine.

Gagan Mahajan, MD
*Presidential Excellence Award for Education* - honors an individual who has made major contributions to the education of others about pain medicine.

Andrew Moore, DSc
*Robert G. Addison, MD, Award* - given for outstanding contributions that foster international collaboration between the American Academy of Pain Medicine and individuals or organizations that support the development of the specialty on an international scope.

2016 Presidential Commendations

Daniel B. Carr, MD
*In recognition of his representation of the Academy at the AMA Task Force to Reduce Opioid Abuse.*

Jianguo Cheng, MD, PhD
*In recognition of his work as Vice President for Scientific Affairs, Scientific Review and Guidelines Committee Co-chair and thoughtful input on numerous important documents presented to the Academy for review.*

Edward C. Covington, MD
*In recognition of his work as Chair of AAPM’s Opioid Advisory Task Force.*

Eduardo M. Fraifeld, MD
*In recognition of his work on behalf of the Academy and the field of pain medicine related to coding and reimbursement, and particularly for service on the CPT Advisory Committee and AMA RVS Update Committee.*

Dana L. Simon, MD
In recognition of many years of service to the Academy as Chair of the CME Oversight Committee.

Lynn R. Webster, MD
In recognition of his ongoing efforts on behalf pain patients and recent publication of “The Painful Truth,” telling the stories of people living with pain.

Specialty News

ASAM Celebrates as Addiction Medicine is Recognized as New Medical Subspecialty
March 14, 2015 [Sources: American Society of Addiction Medicine]
Today, the American Society of Addiction Medicine (ASAM) celebrates with the American Board of Addiction Medicine (ABAM), physicians, health care professionals, community leaders, and state and federal officials as addiction medicine is formally recognized as a new subspecialty by the American Board of Medical Specialties (ABMS) under the American Board of Preventive Medicine (ABPM). Full story...

Pain Abstracts in the News

Cardiovascular Safety of Non-Aspirin Non-Steroidal Anti-Inflammatory Drugs: Review and Position Paper by the Working Group for Cardiovascular Pharmacotherapy of the European Society of Cardiology
March 16, 2016 [Source: European Heart Journal]
Read more...

Opioids for Chronic Pain: a Knowledge Assessment of Nonpain Specialty Providers
March 10, 2016 [Journal of Pain Research]
Introduction: Although the majority of opioids in the US are prescribed by nonpain specialists, these providers often report inadequate training in chronic pain management and opioid prescribing. The extent of health care providers' knowledge of opioid prescribing for chronic pain has not been well established. The purpose of this study was to assess knowledge about the use of opioids for chronic pain among health care providers seeking pain-focused continuing medical education.
Read more...

Recovery From Chronic Low Back Pain After Osteopathic Manipulative Treatment: A Randomized Controlled Trial
March 2016 [Source: The Journal of the American Osteopathic Association]
Abstract: Context: Little is known about recovery after spinal manipulation in patients with low back pain (LBP). Objective: To assess recovery from chronic LBP after a short regimen of osteopathic manipulative treatment (OMT) in a responder analysis of the OSTEOPATHic Health outcomes In Chronic low back pain (OSTEOPATHIC) Trial.
Read more...

A Prospective Study of Pain and Psychological Functioning Following Traumatic Spinal Cord Injury
March 1, 2016 [Source: Spinal Cord]
Abstract: Objectives: To study prospectively pain characteristics, change in pain over time and the associations between pain and psychological functioning in adults with traumatic spinal cord injury (SCI).
Perineural Expression of High-Mobility Group Box-1 Contributes to Long-Lasting Mechanical hypersensitivity via matrix metalloprotease-9 up-regulation in mice with painful peripheral neuropathy

February 2016 [Source: Journal of Neurochemistry]

PubMed Pain Abstracts

The following abstracts are posted at PubMed.gov:

Opioid use After Total Hip Arthroplasty Surgery is Associated with Revision Surgery
Inacio MC1, Pratt NL2,3, Roughhead EE2,3, Paxton EW4, Graves SE5.
Abstract: BACKGROUND: Pain is an indication for total hip arthroplasty (THA) and it should be resolved post-surgery. Because patients' pain is typically treated pharmacologically we tested whether opioid use can be used as a surrogate for patient-reported pain and as an indicator for early surgical failure. Specifically, we evaluated whether the amount of opioids taken within the year after THA was associated with one and five years risk of revision surgery. CONCLUSIONS: Opioid use 91-180 days post-surgery is associated with higher risk of revision surgery and therefore is an early and useful indicator for surgical failure.
PMID: 26965992 [PubMed - in process]
PMCID: PMC4785728 Free PMC Article

Management of Postoperative Pain: A Clinical Practice Guideline From the American Pain Society, the American Society of Regional Anesthesia and Pain Medicine, and the American Society of Anesthesiologists' Committee on Regional Anesthesia, Executive Committee, and Administrative Council
Abstract: The American Pain Society, with input from the American Society of Anesthesiologists, commissioned an interdisciplinary expert panel to develop a clinical practice guideline to promote evidence-based, effective, and safer postoperative pain management in children and adults. The guideline was subsequently approved by the American Society for Regional Anesthesia. As part of the guideline development process, a systematic review was commissioned on various aspects related to various interventions and management strategies for postoperative pain.

NIH Clinical Studies & Trials

The following studies and trials are posted at ClinicalTrials.gov:

Ketamine for Acute Migraine in the Emergency Department
This study is currently recruiting participants.
First received: February 24, 2016
Sponsor: Carilion Clinic
Collaborator: Virginia Tech Carilion School of Medicine
Principal Investigator: Corey Corey, MD, Carilion Clinic
Information provided by (Responsible Party): Corey Heitz, Carilion Clinic
ClinicalTrials.gov Identifier: NCT02697071

Stated Purpose: This research study will be a prospective, randomized, double-blind, placebo-controlled trial. Because ketamine has yet to be directly studied as treatment for acute migraine headache in the emergency department, the research team is initially interested if ketamine can reduce pain scores in headache patients and reduce the incidence of recurrence while exhibiting an adequate safety profile. By using a placebo-controlled study design, the research team can adequately investigate the effectiveness of the medication in a subgroup previously not well studied.

Read more...

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Industry News

AcelRx Pharmaceuticals Initiates Phase 3 Study of ARX-04 in Patients with Post-Operative Moderate-to-Severe Acute Pain
March 7, 2016 [source: AcelRx Pharmaceuticals, Inc.]
Full story...

Proove Biosciences Key Opinion Leaders in the Field Speak on the Genetics of Pain Management
March 14, 2016 [Source: Proove Biosciences, Inc.]
Full story...

Naldemedine Phase 3 Study Shows Significant Improvement for Patients with Opioid-Induced Constipation
February 19, 2016 [Source: Shionogi]
Full story...

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