AAPM E-News

AAPM 33rd ANNUAL MEETING
Access attendee information & claim CME/CE credit by April 30.

Loews Sapphire Falls Resort
ORLANDO, FL

For more information...

AAPM's ACCME
Accreditation with Commendation

AAPM Shared Interest Groups
The Academy recognizes that its members may value opportunities to come together for the purpose of sharing their interests as they relate to our specialty. To provide a forum for this, AAPM has created AAPM Shared Interest Groups (SIGs) to facilitate networking, advancing shared interests, or discussion of a particular field or topic. AAPM SIGs are multidisciplinary and open to any AAPM member.

For more information on SIGs...

Donate Now to Better Pain Care

April 26, 2017

LATEST NEWS from the American Academy of Pain Medicine

Pain Research in the News
Advocacy News
Practice Management & Coding Updates
Substance Abuse and Addiction Research
FDA Warnings and Recalls
Government Agency News
State Legislative News
New Guidelines
AAPM Annual Meeting
AAPM Members in the News
Pain Abstracts in the News
PubMed Pain Abstracts
Industry News

AAPM E-news is supported by an unrestricted grant from Purdue Pharma L.P.
AAPM E-news is supported by an educational grant from Daiichi Sankyo, Inc.
Content is completely and independently selected and edited by AAPM.

Celebrating National Volunteer Week

In honor of National Volunteer Week, AAPM would like to take this special opportunity to recognize and thank our many volunteers – especially 2017-18 Board members and Committee/Task Force members – for their leadership, commitment, and service.

Learn how you can volunteer with AAPM.

Pain Research in the News

Business Spinoffs Help Move UT Dallas Research into Marketplace
April 26, 2017 [Source: University of Texas, Dallas]
A company created by three UT Dallas faculty members has been awarded a small-business drug discovery grant from the National Institutes of Health (NIH). The grant to CerSci Therapeutics is one of the first drug discovery grants awarded to a University spinoff company.

Full story...

An Alternative Pain Research Model? Zebrafish Larvae Respond to Painkillers
April 19, 2017 [Source: University of Liverpool]
The study, which is published in the *Journal of Experimental Biology*, involved exposing 5-day-post-fertilization zebrafish embryos to dilute concentrations of acetic acid and citric acid, both of which are known to irritate adult fish, and tracking the larvae's activity with software produced by researchers from the University's Department of Electrical Engineering and Electronics.  

**Full story...**

[Back to top](#)

### Advocacy News

#### Addiction Treatment Gap Awareness Week Starts April 24th  
**April 18, 2017 [Source: American Society of Addiction Medicine]**  
The American Society of Addiction Medicine (ASAM) will be hosting the first ever Addiction Treatment Gap Awareness Week April 24th to 30th, 2017. This national awareness week will be dedicated to recognizing the significant gap in treatment for those with the disease of addiction.  

**Full story...**

#### AMA Offers Guidance to Physicians on Safe Storage, Disposal of Opioids  
**April 18, 2017 [Source: AMA]**  
The American Medical Association (AMA) [Task Force to Reduce Opioid Abuse](https://www.americanmedic... ) released today new recommendations for physicians to promote safe use, storage, and disposal of prescription opioids. These new recommendations are part of the Task Force's ongoing efforts to empower and enable physicians to take steps that can help reverse the nation's opioid epidemic.  

**Full story...**

[Back to top](#)

### Practice Management & Coding Updates

#### New vs. Established E/M Codes  
**April 26, 2017 [Source: Emily Hill, PA, AAPM Coding Consultant]**  
CPT differentiates between new and established patients for Office and Other Outpatient Service codes (99201-99215). It is important to understand how the status of the patient is defined since it impacts reimbursement and the documentation requirements for E/M Services.  

**Read more...**

**Order the 2017 Illustrated Coding and Billing Expert for Anesthesia / Pain Management**  
Prepare your practice for 2017 by ordering the 2017 Coding for Pain book. This book is an all-in-one resource containing the coding information needed for the anesthesia/pain medicine specialty. Optimized for medical necessity and reimbursement understanding, this guide focuses on a subset of CPT® anesthesia services, as well as surgeries, medicine, and ancillary services CPT® codes chosen by experts who take into consideration utilization, denial risk, and complexity.  

**Order Now**
Help Wanted:

**Board Certified Pain Management Physician**
Confidential Employer
LaGrange, GA
Candidate must be Board certified and fellowship trained.

**Pain Psychologist**
Park Nicollet Health Services
Bloomington, MN
TRIA Orthopaedic Center is seeking a Pain Psychologist to join their collaborative patient centered care team.

**West Virginia Anesthesiology Interventional Pain Management Opening**
Pinnacle Health Group
Huntington, WV
Anesthesiology Fellowship Trained Interventional Pain Management

**Position Opportunity: Pain Clinic Nurse Practitioner**
Salem Health
Salem, OR
Looking for a Nurse Practitioner who has interest and experience in pain management and addiction to join our new Pain Clinic.

Substance Abuse and Addiction Research

**Special Issue: Prevention and Treatment of Opioid Overdose and Opioid-Use Disorders**
April 2017 [Source: Addictive Behaviors]
Addictive Behaviors is now accepting submissions for a special issue, *Prevention and Treatment of Opioid Overdose and Opioid-Use Disorders*. Papers may include epidemiological, laboratory-based, or community-based research on prevention and/or treatment of opioid overdose, misuse of opioids (prescribed or illicit), and opioid-use disorders. Contact Guest Editors: Kenzie L. Preston, PhD and Karran Phillips, MD, MSc, to ensure that your topic fits the scope of the special issue. The deadline for manuscript submission is September 1, 2017.

Opioid Addiction Raises Mortality Rate for Those Getting Care in Medical Offices, Hospitals
April 21, 2017 [Source: UCLA]
The study, led by Yih-Ing Hser, professor of psychiatry and behavioral sciences at the David Geffen School of Medicine at UCLA, is the first to look at the mortality rate of people with opioid use disorder in a general health care system rather than those treated at specialty addiction clinics.

FDA Warnings and Recalls

**FDA Drug Safety Communication: FDA Restricts Use of Prescription Codeine Pain and Cough Medicines and Tramadol Pain Medicines in Children; Recommends against Use in Breastfeeding Women**
April 20, 2017 [Source: FDA]

Government Agency News

**Dispatches from the Front Lines: CDC’s Disease Detective Conference**
April 24, 2017 [Source: CDC]
Infectious disease complicates opioid overdose deaths: An EIS investigation of opioid toxicity deaths using Minnesota’s unexplained-death surveillance system found that deaths were not documented in opioid death surveillance because an infectious disease was listed on the death certificate. The contributions of opioid toxicity, infectious disease, and their interactions that result in death may inform future prevention efforts.

**Trump Administration Awards Grants to States to Combat Opioid Crisis**
April 19, 2017 [Source: HHS]
Health and Human Services Secretary Tom Price, M.D. today announced that HHS will soon provide $485 million in grants to help states and territories combat opioid addiction. The funding, which is the first of two rounds provided for in the 21st Century Cures Act, will be provided through the State Targeted Response to the Opioid Crisis Grants administered by the Substance Abuse and Mental Health Services Administration (SAMHSA).
**Overcoming Opioids: The Quest for Less Addictive Drugs**

AAPM President-Elect Jianguo Cheng, MD, PhD contributed to this ABC News article on alternative, non-opioid pain medications.

**State Legislative News**

Four Things to Know About Vermont's New Opioid Prescription Rules

The continuing opioid crisis across the nation is prompting calls for action and change. In Vermont, new rules outlining how doctors prescribe opioids to patients in need of pain relief are set to take effect on July 1.

**New Guidelines**

Guidelines for the Chronic Use of Opioid Analgesics: Adopted as Policy by the Federation of State Medical Boards

**AAPM Annual Meeting**

Nearly 1,000 attendees convened for AAPM's 33rd Annual Meeting in Orlando, Florida, March 15-19, 2017. If you attended the meeting, please remember that **April 30, 2017 is the deadline to complete evaluations** and claim your CME or CE credit.

**AAPM Members in the News**

Overcoming Opioids: The Quest for Less Addictive Drugs

AAPM President-Elect Jianguo Cheng, MD, PhD contributed to this ABC News article on alternative, non-opioid pain medications.

Conflating Effective Chronic Pain Management and Opioid Abuse Potential

**Pain Medicine**

**Association Between Commonly Prescribed Opioids and Androgen Deficiency in Men: A Retrospective Cohort Analysis**

**Deconstructing One Medical School’s Pain Curriculum**

**Rates and Correlates of Pain Specialty Clinic Use Nationally in the Veterans Health Administration**

**Sham Surgery in Orthopedics: A Systematic Review of the Literature**

**Effect of Fibromyalgia Symptoms on Outcome of Spinal Surgery**

**Cancer Seeding Risk from an Epidural Blood Patch in Patients with Leukemia or Lymphoma**

**Pulsed Radiofrequency Attenuates Complete Freund’s Adjuvant–Induced Epigenetic Suppression of Potassium Chloride Cotransporter 2 Expression**

**Back to top**
Trump Orders Commission to Examine Opioid Addiction
April 14, 2017 [Source: Practical Pain Management]
AAPM members Steven Stanos, DO, Michael Hooten, MD and Edward Michna, MD, JD, RPH are interviewed in this Practical Pain Management article.

New Persistent Opioid Use After Minor and Major Surgical Procedures in US Adults
April 12, 2017 [Source: JAMA]
Key Points: Question: What is the incidence of new persistent opioid use after surgery? Findings: In this population-based study of 36,177 surgical patients, the incidence of new persistent opioid use after surgical procedures was 5.9% to 6.5% and did not differ between major and minor surgical procedures.

Body Composition Status and the Risk of Migraine: A Meta-Analysis
April 12, 2017 [Source: Neurology]
Abstract: Objective: To evaluate the association between migraine and body composition status as estimated based on body mass index and WHO physical status categories. Conclusions: The current body of evidence shows that the risk of migraine is increased in obese and underweight individuals. Studies are needed to confirm whether interventions that modify obesity status decrease the risk of migraine.

Clinical Effectiveness and Safety of Intraoperative Methadone in Patients Undergoing Posterior Spinal Fusion Surgery: A Randomized, Double-blinded, Controlled Trial
Anesthesiology. 2017 May;126(5):822-833. doi: 10.1097/ALN.0000000000001609.
Murphy GS, Szokol JW, Avram MJ, Greenberg SB, Shear TD, Deshur MA, Vender JS, Benson J, Newmark RL.
Abstract: BACKGROUND: Patients undergoing spinal fusion surgery often experience severe pain during the first three postoperative days. The aim of this parallel-group randomized trial was to assess the effect of the long-
duration opioid methadone on postoperative analgesic requirements, pain scores, and patient satisfaction after complex spine surgery. CONCLUSIONS: Intraoperative methadone administration reduced postoperative opioid requirements, decreased pain scores, and improved patient satisfaction with pain management.

PMID: 28418966 DOI: 10.1097/ALN.0000000000001609

Read more...

The Behavior Pain Assessment Tool for Critically Ill Adults: a Validation Study in 28 Countries

Gélinas C1, Puntillo KA, Levin P, Azoulay E.
Abstract: Many critically ill adults are unable to communicate their pain through self-report. The study purpose was to validate the use of the 8-item Behavior Pain Assessment Tool (BPAT) in patients hospitalized in 192 intensive care units from 28 countries. A total of 4812 procedures in 3851 patients were included in data analysis. Patients were assessed with the BPAT before and during procedures by 2 different raters (mostly nurses and physicians).

PMID: 28362678 DOI: 10.1097/j.pain.0000000000000834

Read more...

The Association between Inflammatory Back Pain Characteristics and MRI Findings in the Spine and Sacroiliac Joints

Arnbak B, Junk AG1, Jensen TS, Manniche C.
Abstract: OBJECTIVE: To investigate the association between MRI findings at the sacroiliac joints (SIJs) and vertebral endplates and pain characteristics assumed to be indicative of axial inflammation. CONCLUSIONS: The identified associations between inflammatory MRI findings and pain characteristics indicate that axial inflammation to some degree induces a specific pain pattern. Thus, the results add to knowledge of axial inflammatory processes. However, all identified associations were weak, which compromise the use of IBP as a marker of axial inflammation.

This article is protected by copyright. All rights reserved. © 2017, American College of Rheumatology.

PMID: 28426912 DOI: 10.1002/acr.23259

Read more...

Protocol for a Placebo-Controlled, within-Participants Crossover Trial Evaluating the Efficacy of Intranasal Oxytocin to Improve Pain and Function Among Women with Chronic Pelvic Musculoskeletal Pain

Rash JA, Toivonen K, Robert M, Nasr-Esfahani M, Jarrell JF, Campbell TS.
Abstract: INTRODUCTION: This protocol presents the rationale and design for a trial evaluating the efficacy of intranasal oxytocin in improving pain and function among women with chronic pelvic musculoskeletal pain. Oxytocin is a neuropeptide traditionally recognised for involvement in labour, delivery and lactation.

PMID: 28416501 DOI: 10.1136/bmjopen-2016-014909

Read more...

Back to top

Industry News

Inspirion Delivery Sciences Receives FDA Approval for RoxyBond™ (oxycodone hydrochloride) tablets CII, the First and Only Immediate Release Opioid Analgesic with Abuse-Deterrent Label Claims

April 26, 2017 [Source: Inspirion Delivery Sciences, LLC]

Full story...

Back to top