



## USER DOWN LOAD INSTRUCTIONS

Links to the Voice Over PowerPoint Recordings from the 2010 Annual Meeting, Essentials Tools for Treating the Patient in Pain™, and Neuromodulation from Head to Toe Preconference are now available for purchase. All recordings can be accessed as a WMV file or Mp4 File and will be downloaded to your computer.

The length of the video and file size appears next to the title. Please note this information because it will affect your download time. If your employer blocks sound or video content, you will need to access the recordings from a different computer or resolve it with your IT department. Please make sure <http://www.mediafire.com> is not blocked by your employer or computer because the recordings are hosted on this Website.

**WMV Format:** The Windows video format works best on a Windows computer. This file will play best with Windows Media Player. You can download the latest version of Windows Media Player at <http://www.microsoft.com/windows/windowsmedia/player/versions.aspx>

**Mp4 Format:** This format can be used on Mac OS X computers, Apple iPod and other portable video players. Mp4's can also be played on Windows computers with QuickTime or iTunes player installed. This is a more compressed video format and will look blurry when enlarged on a computer screen.

**MAC USERS:** Mac users may need the Flip4Mac plugin for their QuickTime Player to access the WMV format. Please download this plugin at <http://www.microsoft.com/windows/windowsmedia/player/wmcomponents.msp>

## PC USERS

### Recommended Specifications

Windows XP, VISTA, or 7

Windows Media Player 9 or higher

1.2 GHz processor

512MB RAM

Broadband connection

Sound card with speakers or headphones

Video card with 128MB VRAM (dedicated or shared)

DirectX 9.0 or higher